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# WARSAW DANCE CHAMPS 2025



DISCO DANCE, DISCO SLOW, DISCO DANCE FREESTYLE, HIP HOP, PA IMPRO  
PA IMPRO CARNIVAL, JAZZ DANCE, MODERN & CONTEMPORARY, INNE FORMY

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## REGULATIONS

### ORGANISER

LOOCASTEAM Sports Club  
Loocas Dance Center Warsaw

### DATE and PLACE

(17)-18-19.01.2025  
Wilanów Sports Centre  
ul. Wiertnicza 26a, Warsaw

### ORGANISATIONAL MANAGEMENT

Tomasz Pilewski, tel. +48 534 544 541

### PATRONAGE

Polish Dance Federation

### INFO

[www.warsawchamps.pl](http://www.warsawchamps.pl)

### OFFICIAL DESIGNATIONS

@polskafederacjatanca @warsawdancechamps @loocasdance @miastoo\_warszawa

### OBJECTIVES OF THE COMPETITION

- To identify the best dancers at each level
- To popularise dance among children and young people as a form of active leisure
- To confront and exchange ideas and experiences between clubs and coaches
- Integrate dancers and coaches in the spirit of fair play.

The competition is open to clubs not associated with any dance organisation in Poland.  
clubs not associated in any dance organisation in Poland, as well as those associated in the Polish Dance Federation.

## AGE AND DANCE CATEGORIES, HOW THEY ARE HELD

### **DISCO DANCE**

| category                          | presentation time                                                                                                                                        | level age group                                                                                                                                                                                                                                       |
|-----------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Solo Ligi PFT***                  | E**, D**, C, B, A, S<br><i>(organiser's music)</i>                                                                                                       | 8-, 9-10, 11-12, 13-14, 15-16, 17+                                                                                                                                                                                                                    |
| Duety Ligi PFT***                 | E+D, C+B, A+S<br><i>(muzyka organizatora)</i>                                                                                                            | 7-, 12-, 13-14, 15+                                                                                                                                                                                                                                   |
| Solo Open                         | Rising - beginners 0:15-0:40-0:30 min.<br>Stars - intermediate 0:20-0:50-0:30 min.<br>Elite - advanced 0:30-1:00-1:00 min.<br><i>(organiser's music)</i> | <b>Mini Kids - 8 years and under</b><br><b>Children - 12 years and under</b><br><b>Junior 1 - 13-14 years</b><br><b>Junior 2 - 15-16 years</b><br><b>Adults 1a - 17-20 years</b><br><b>Adults 1b - 21 years and over</b>                              |
| Duos Open                         | 0:30-1:00-1:00 min.<br><i>(organiser's music)</i>                                                                                                        | <b>Mini Kids - 8 years and under</b><br><b>Children - 12 years and under</b><br><b>Junior 1 - 13-14 years</b><br><b>Junior 2 - 15-16 years</b><br><b>Adults 1 - 17+ years</b>                                                                         |
| Groups *<br>(3 – 7 osób)          | 1:30 min.<br><i>((organiser's music)</i>                                                                                                                 | <b>The following vintages are valid from 2024 !</b><br><b>Mini children - 8 years and under</b><br><b>Children - 12 years and under</b><br><b>Junior - 13 -16 years</b><br><b>Adults 1 - 17 years and over</b><br><b>Adults 2 - 31 years and over</b> |
| Formations *<br>(8 i więcej osób) | max. 3:00 min.<br><i>(own music)</i>                                                                                                                     |                                                                                                                                                                                                                                                       |

\*\* In divisions E (solo) and E+D (duets) you may only perform once.

In leagues E and D training outfits are obligatory, without decorations such as stones, sequins etc.

### **DISCO DANCE ALL BLACK**

| category | presentation time                                                                                      | level age group                                             |
|----------|--------------------------------------------------------------------------------------------------------|-------------------------------------------------------------|
| Solo     | 0:30 - 1:00 (in the first round)<br>1:00 - 1:00 (in subsequent rounds)<br><br>(music by the organiser) | <b>All Age Groups</b><br><b>(no breakdown by age group)</b> |

### **DISCO BATTLES**

| category | presentation time                                                                                                                                                                                                  | level age group                                                                                          |
|----------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------|
| Solo     | 0:30 - 1:00 (elimination round)<br>0:45 - 0:45 - 0:45 (battles for 3rd place)<br>0:45 - 0:45 - 0:45 (battles for 1st place)<br><br>STARS - intermediate<br>ELITE - advanced<br><br><i>(music by the organizer)</i> | <b>Children - 12 years and under</b><br><b>Junior - 13-16 years</b><br><b>Adults - 17 years and over</b> |

## DISCO SLOW

| category  | presentation time                                                                                                                                                                                                  | level age group                                                                                                                                                                     |
|-----------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Solo Open | up to ¼ F: round the circle 1:00 min<br>½ F and F: 0:30 min round after circle, 0:40 spot, 1:00 after circle<br><br>Rising - beginners<br>Stars - intermediate<br>Elite - advanced<br><br>(music by the organiser) | <b>Mini Kids - 8 years and under</b><br><b>Children - 12 years and under</b><br><b>Junior 1 - 13-14 years</b><br><b>Junior 2 - 15-16 years</b><br><b>Adults - 17 years and over</b> |
| Duos Open | up to ¼ F: round the circle 1:00 min<br>½ F and F: 0:30 min round, 0:40 spot, 1:00 round<br><br>(music by the organiser)                                                                                           | <b>Mini Kids - 8 years and under</b><br><b>Children - 12 years and under</b><br><b>Junior - 13 to 16 years</b><br><b>Adults - 17 years and over</b>                                 |
| Trio Open | 1:30 min<br><br>(music by the organiser)                                                                                                                                                                           | <b>Children - 12 years and under</b><br><b>Junior - 13 to 16 years</b><br><b>Adults - 17 years and over</b>                                                                         |

## DISCO DANCE FREESTYLE

| category  | presentation time                                  | level age group                                                                                                                             |
|-----------|----------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------|
| Solo Open | 0:30 – 1:00 – 1:00<br><br>(music by the organiser) | <b>Children - 12 years and under</b><br><b>Junior 1 - 13-14 years</b><br><b>Junior 2 - 15-16 years</b><br><b>Adults - 17 years and over</b> |

## DISCO SHOW

| category                       | presentation time                                                                        | level age group                                                                                                                                                                                                                                       |
|--------------------------------|------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Groups<br>(3 - 7 people)       | max. 3:00 min.<br><br>(own music)                                                        | <b>The following vintages are valid from 2024 !</b><br><b>Mini children - 8 years and under</b><br><b>Children - 12 years and under</b><br><b>Junior - 13 -16 years</b><br><b>Adults 1 - 17 years and over</b><br><b>Adults 2 - 31 years and over</b> |
| Formations<br>(8 - 24 persons) | max. 3:00 min (minikids, children)<br>max. 4:00 min (juniors, adults)<br><br>(Own music) |                                                                                                                                                                                                                                                       |

## STREET DANCE SHOW

| category                       | presentation time                                                                          | level age group                                                                                                                                                                                                                                                                                          |
|--------------------------------|--------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Groups<br>(3 - 7 people)       | max. 3:00 min.<br><br>(own music)                                                          | <b>The following vintages are valid from 2023 !</b><br><b>Minikids up to 8 years old (2015 and younger)</b><br><b>Children up to 12 years old (2011 and younger)</b><br><b>Juniors 13 -16 years (2007-2010)</b><br><b>Adults 17+ years (2006 and older)</b><br><b>Adults 2 31+ years (1992 and over)</b> |
| Formations<br>(8 - 24 persons) | max. 3:00 min (minikids, dzieci)<br>max. 4:00 min (junior, dorośli)<br><br>(muzyka własna) |                                                                                                                                                                                                                                                                                                          |

## HIP HOP

| category                       | presentation time                              | level age group                                                                                                                                                                                                                                       |
|--------------------------------|------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Solo Ligi PFT***               | E**, D, C, B, A, S<br>(music by the organiser) | 8-, 9-10, 11-12, 13-14, 15-16, 17+                                                                                                                                                                                                                    |
| Duety Ligi PFT***              | E+D**, C+B, A+S<br>(music by the organiser)    | 7-, 12-, 13-14, 15+                                                                                                                                                                                                                                   |
| Solo Open                      | 1:00-1:00 min.<br>(music by the organiser)     | <b>Mini Kids - 7 years and under</b><br><b>Children - 12 years and under</b><br><b>Junior 1 - 13-14 years</b><br><b>Junior 2 - 15-16 years</b><br><b>Adults 1 - 17 years and over</b>                                                                 |
| Duos Open                      | 1:00-1:00 min.<br>(music by the organiser)     | <b>Mini Kids - 7 years and under</b><br><b>Children - 12 years and under</b><br><b>Junior 1 - 13-14 years</b><br><b>Junior 2 - 15-16 years</b><br><b>Adults 1 - 17 years and over</b>                                                                 |
| Groups<br>(3 - 7 people)       | Max. 2:00 min<br>(own music)                   | <b>The following vintages are valid from 2024 !</b><br><b>Mini children - 8 years and under</b><br><b>Children - 12 years and under</b><br><b>Junior - 13 -16 years</b><br><b>Adults 1 - 17 years and over</b><br><b>Adults 2 - 31 years and over</b> |
| Formations<br>(8 - 24 persons) | max. 3:00 min.<br>(own music)                  |                                                                                                                                                                                                                                                       |

\*\* In divisions E (solo) and E+D (duets) you may only perform once.

In leagues E and D training outfits are obligatory, without decorations such as stones, sequins etc.

## JAZZ DANCE

| category                       | level               | time                                                                                                                                  | level age group                                                                                                                                                                                                                                       |
|--------------------------------|---------------------|---------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Solo Ligi PFT***               | E+D**<br>C+B<br>A+S | <u>E+D, C+B</u><br><u>1:00 min.</u><br><u>A+S</u><br><u>Preliminaries 1:00 min.</u><br><u>final 1:45-2:15 min.</u><br><br>(own music) | <b>Minikids - 8 years and under</b><br><b>Children - 12 years and under</b><br><b>Junior 1 - 13-14 years</b><br><b>Junior 2 - 15-16 years</b><br><b>Adults 1 - 17 years and over</b>                                                                  |
| Duos Open                      | Open                | 1:45-2:15 min<br>(Own music)                                                                                                          |                                                                                                                                                                                                                                                       |
| Groups<br>(3 - 7 people)       | Open                | max. 3:00 min.<br>(Own music)                                                                                                         | <b>The following vintages are valid from 2024 !</b><br><b>Mini children - 8 years and under</b><br><b>Children - 12 years and under</b><br><b>Junior - 13 -16 years</b><br><b>Adults 1 - 17 years and over</b><br><b>Adults 2 - 31 years and over</b> |
| Formations<br>(8 - 24 persons) | Open                | max. 3:00 min (mini kids, children)<br>max. 4:00 min (junior, adults 1, adults 2)<br>(Own music)                                      |                                                                                                                                                                                                                                                       |

**Attention: In Solo and Duets the organiser allows for the competition to be held in two rounds (elimination +final).**

**\*\* In the E+D leagues training costumes are obligatory, without decorations such as stones, sequins etc.**

## **MODERN & CONTEMPORARY**

| category                    | level               | time                                                                                                                                  | level age group                                                                                                                                                                                                    |
|-----------------------------|---------------------|---------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| PFT Solo Leagues***         | E+D**<br>C+B<br>A+S | <u>E+D, C+B</u><br><u>1:00 min.</u><br><u>A+S</u><br><u>Preliminaries 1:00 min.</u><br><u>final 1:45-2:15 min.</u><br><br>(own music) | Minikids - 8 years and under<br>Children - 12 years and under<br>Junior 1 - 13-14 years<br>Junior 2 - 15-16 years<br>Adults 1 - 17 years and over                                                                  |
| Duos                        | Open                | 1:45-2:15 min<br><br>(Own music)                                                                                                      |                                                                                                                                                                                                                    |
| Groups (3-7 people)*        | Open                | max. 3:00 min.<br><br>(Own music)                                                                                                     | <b>The following vintages are valid from 2024 !</b><br>Mini children - 8 years and under<br>Children - 12 years and under<br>Junior - 13 -16 years<br>Adults 1 - 17 years and over<br>Adults 2 - 31 years and over |
| Formations (8 - 24 persons) | Open                | max. 3:00 min (mini kids, children)<br>max. 4:00 min (junior, adults 1, adults 2)<br><br>(Own music)                                  |                                                                                                                                                                                                                    |

Attention: In Solo and Duets the organiser allows for the competition to be held in two rounds (elimination + final).

\*\* In the E+D leagues training costumes are obligatory, without decorations such as stones, sequins etc.

## **JAZZ BATTLES**

| category | presentation time                                                                                                                                                                                       | level age group                                                                     |
|----------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|
| Solo     | 0:30 - 1:00 (elimination round)<br>0:45 - 0:45 - 0:45 (battles for 3rd place)<br>0:45 - 0:45 - 0:45 (battles for 1st place)<br>STARS - intermediate<br>ELITE - advanced<br><br>(music by the organizer) | Children - 12 years and under<br>Junior - 13-16 years<br>Adults - 17 years and over |

## **PERFORMING ART IMPROVISATION – PA IMPRO**

| category            | presentation time                                                                                                          | level age group                                                                       |
|---------------------|----------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------|
| PFT Solo Leagues*** | E, D, C, B, A, S<br><br>(music by the organizer)                                                                           | 8-, 9-10, 11-12, 13-14, 15-16, 17+                                                    |
| Solo Open           | Rising - 0:15-0:40-0:40 min.<br>Stars – 0:15-0:50-0:50 min.<br>Elite - 0:30-1:00-1:00 min.<br><br>(music by the organizer) | Children - 12 years and under<br>Junior - 13-16 years<br>Adults 1 - 17 years and over |

\* dress in black according to IDO regulations.

## **OTHER FORMS**

**\* In the OTHER FORM category, the IDO/PFT rules do not apply.  
except for the rules regarding age category, costumes, entry and exit time.**

| category                       | presentation time                                                                      | level age group                                                                                                                                                                                                                                       |
|--------------------------------|----------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Groups<br>(3 - 7 people)       | max. 3:00 min.<br><br>(own music)                                                      | <b>The following vintages are valid from 2024 !</b><br><b>Mini children - 8 years and under</b><br><b>Children - 12 years and under</b><br><b>Junior - 13 -16 years</b><br><b>Adults 1 - 17 years and over</b><br><b>Adults 2 - 31 years and over</b> |
| Formations<br>(8 - 24 persons) | max. 3:00 min (minikids, dzieci)<br>max. 4:00 min (junior, dorośli)<br><br>(own music) |                                                                                                                                                                                                                                                       |

## **DANCE ART - GROUPS AND FORMATIONS** **(jazz, modern, show, etc. - category for beginners)**

| category                       | presentation time                                                                      | level age group                                                                                                                                                                                                                                       |
|--------------------------------|----------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Groups<br>(3 - 7 people)       | max. 3:00 min.<br><br>(own music)                                                      | <b>The following vintages are valid from 2024 !</b><br><b>Mini children - 8 years and under</b><br><b>Children - 12 years and under</b><br><b>Junior - 13 -16 years</b><br><b>Adults 1 - 17 years and over</b><br><b>Adults 2 - 31 years and over</b> |
| Formations<br>(8 - 24 persons) | max. 3:00 min (minikids, dzieci)<br>max. 4:00 min (junior, dorośli)<br><br>(own music) |                                                                                                                                                                                                                                                       |

## **VIDEOCLIP DANCE - GROUPS AND FORMATIONS** **(disco dance, hip-hop street dance etc. - category for beginners)**

| category                       | presentation time                                                                      | level age group                                                                                                                                                                                                                                       |
|--------------------------------|----------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Groups<br>(3 - 7 people)       | max. 3:00 min.<br><br>(own music)                                                      | <b>The following vintages are valid from 2024 !</b><br><b>Mini children - 8 years and under</b><br><b>Children - 12 years and under</b><br><b>Junior - 13 -16 years</b><br><b>Adults 1 - 17 years and over</b><br><b>Adults 2 - 31 years and over</b> |
| Formations<br>(8 - 24 persons) | max. 3:00 min (minikids, dzieci)<br>max. 4:00 min (junior, dorośli)<br><br>(own music) |                                                                                                                                                                                                                                                       |

## SHOW DANCE

| category                       | presentation time                                                                              | level age group                                                                                                        |
|--------------------------------|------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------|
| <b>Solo</b><br>(Own music)     | Open<br>1:45-2:15 min.                                                                         | Mini Kids - 8 years and under<br>Children - 12 years and under<br>Junior 1 - 13-14 years                               |
| <b>Duos</b><br>(own music)     | Open<br>1:45-2:15 min                                                                          | Junior 2 - 15-16 years<br>Adults - 17 years and over                                                                   |
| Groups<br>(3 - 7 people)       | max. 3.00 min<br><br>(own music)                                                               | <b>The following vintages are valid from 2024 !</b><br>Mini children - 8 years and under                               |
| Formations<br>(8 - 24 persons) | max. 3 min (mini kids, dzieci)<br>max. 4 min (juniorzy, dorośli, dorośli 2)<br><br>(own music) | Children - 12 years and under<br>Junior - 13 -16 years<br>Adults 1 - 17 years and over<br>Adults 2 - 31 years and over |

## PERFORMING ART IMPROVISATION – CARNIVAL

| category         | presentation time                                                                                                          | level age group                                                                                    |
|------------------|----------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------|
| Solo Ligi PFT*** | E, D, C, B, A, S<br><br>(music by the organizer)                                                                           | 8-, 9-10, 11-12, 13-14, 15-16, 17+                                                                 |
| Solo Open        | Rising - 0:15-0:40-0:40 min.<br>Stars – 0:15-0:50-0:50 min.<br>Elite - 0:30-1:00-1:00 min.<br><br>(music by the organizer) | <b>Children</b> – 12 lat i mniej<br><b>Junior</b> – 13-16 lat<br><b>Adults 1</b> – 17 lat i więcej |

## GRAND FINAL

| category                                      | presentation time                                                                                                                                                       | level age group |
|-----------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------|
| DISCO DANCE<br><br>DISCO SLOW<br><br>PA IMPRO | A GRAND FINAL will be held from the SOLO ELITE category from all age categories (1st place)<br>30 sec all - 60 sec singles - 60 sec all<br><br>(music by the organizer) | All age groups  |

### \*\*\* SOLO / DUETS PFT LEAGUE

|                                                                   |                            |                                                                                                                                               |
|-------------------------------------------------------------------|----------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------|
| <b>DISCO DANCE</b><br><br><b>HIP HOP</b><br><br><b>solo/duety</b> | E                          | Beginner dancer - first start at any competition, training outfit applies, no ornaments such as stones, sequins, tassels, etc.                |
|                                                                   | D                          | Beginner dancer, training outfit applies, without embellishments such as stones, sequins, tassels, etc.                                       |
|                                                                   | C                          | Beginner/intermediate dancer, tournament costumes allowed                                                                                     |
|                                                                   | B                          | Intermediate dancer, tournament costumes allowed                                                                                              |
|                                                                   | A                          | Advanced dancer, tournament costumes allowed                                                                                                  |
|                                                                   | S                          | Advanced dancer - highest level, tournament costumes allowed                                                                                  |
| <b>PA IMPRO</b><br><br><b>solo</b>                                | E<br>D<br>C<br>B<br>A<br>S | Level - as above.<br>All levels require a tight fitting outfit in black with no ornaments such as stones, sequins, tassels etc. No jewellery. |

## CONDITIONS FOR PARTICIPATION

By the deadline of **07.01.2025** (Tuesday) you must:

1/ make an electronic registration of the athletes through the website: <http://www.danceit.pl/>

### **ATTENTION!!! ENTRY GATES**

### **WILL OPEN ON 7.12.2024 AT 9.00 A.M.**

**PLEASE NOTE: In the event that the number of entries exceeds the time capacity of the competition organisation, Organiser reserves the right to close the entry lists at any time\*.**

**The Organiser will announce this via the Organiser's social media.**

**\* in case of early closure of gates - start payment must be made within a maximum of 5 days after gate closure**

- In the categories played to one's own music, the songs must be sent with the application

- **Music tracks can be substituted until 16.01.2025 despite the closure of submissions.**

- **If you have any questions about registration, please contact us:**

**Michał Gawron, tel. +48 604 640 305, [m.gawron@pft.org.pl](mailto:m.gawron@pft.org.pl)**

After the gates have closed, changes to the application will be accepted as far as possible and subject to a handling fee of + 50 pln per person/category. Late entries = double entry fee. **Deletions do not waive the entry fee.**

**Once the start lists have been published, no changes can be made, only deletions are possible.**

2/ pay the entry fee in the amount of:

|                                         | FOR DANCERS HOLDING A PFT LICENCE 2025* | FOR DANCERS WITHOUT A LICENCE PFT |
|-----------------------------------------|-----------------------------------------|-----------------------------------|
| <b>SOLO</b><br>(music by the organizer) | 80 zł                                   | 100 zł                            |
| <b>DUOS</b><br>(music by the organizer) | 160 zł                                  | 200 zł                            |
| <b>SOLO</b><br>(own music)              | 100 zł                                  | 120 zł                            |
| <b>DUOS</b><br>(own music)              | 200 zł                                  | 240 zł                            |
| <b>GROUPS</b>                           | 65 zł / PER PERSON                      | 65 zł / PER PERSON                |
| <b>FORMATIONS</b>                       | 65 zł / PER PERSON                      | 65 zł / PER PERSON                |

**ATTENTION! A new function has been added to the danceit.pl system -> Calculation of correct entry fee for licensed PFT competitors. In order for this function to work correctly you have to buy your license in PFT BASE at least 2 days before registration.**

**NOTE: The amount in danceit.pl will be calculated correctly after 5.01.2025.**

## PAYMENTS

After the closing of entries, the organiser will contact directly each of the registered clubs and will send an invoice for the entry fee on the basis of which participants will have to pay their participation participation in the tournament.

### **ATTENTION ! NEW ACCOUNT NUMBER !**

***Failure to make a payment will mean that the entry form is not accepted by the deadline. and a double entry fee for each category will have to be paid.***

Confirmation of participation on the day of the competition at the organisational office.



## AWARDS

- diplomas for all dancers
- medals for places 1-3 for the solo and duet category (E, D division)
- statuettes/ trophies for places 1-3 for solo and duet categories (C, B)
- cups for places 1-3 for solo and duo (league A, S, Open)
- cups + medals for places 1-3 for groups and formations
- statuettes for other final groups and formations

## JUDGING PANEL

The tournament will be judged by a Jury appointed and approved by the PFT and the Organizer..

## TICKETS / LIVESTREAM

Tickets/entry for the public - PLN 50 / day; children under 6 years free entry

## EXTRACT FROM THE PFT/IDO REGULATIONS

- the age category is determined by the year of birth of the dancer (solo); the year of birth of the oldest dancer (duets, groups, formations)
- in the mini kids and children category it is forbidden (the exception is the OTHER FORM category):
  - lifts
  - acrobatic elements with a flight phase and performed with the physical support of another dancer.
  - elements performed on the head
  - jumps from props higher than 1 metre
  - Pointe footwork
  - dark themes, costumes, music
  - make-up (except for SHOW DANCE category - stage make-up)
  - the costume must cover intimate places (no flesh-coloured material or net)
- entry/entry time to bring in/out props\*:
  - solo, duets - 15 seconds
  - groups - 25 seconds
  - formations - 45 seconds

\* props can only be brought in/out by dancers taking part in a given presentation.
- in OTHER FORMS category the above mentioned IDO/PFT rules do not apply except for the rules concerning age category, costumes, time of entering and leaving the dance floor.
- in OPEN category, the IDO rules apply (ido-dance.com)

## CALCULATION OF PFT LEAGUE POINTS

A competitor receives 5 points for each start in the tournament. Places on the podium are scored as follows:  
15 points for 1st place, 10 points for 2nd place, 5 points for 3rd place.

A competitor also receives points for each competitor defeated, example:

If there were 40 participants in a tournament in a category the winning competitor(s) receives:

- 5 points for starting (a)
- 15 points for 1st place (b)
- 40 participants minus 1 place equals 39 points (c)

That is, together he/she receives:  $5 + 15 + 39 = 59$  points.

The competitor keeps the points by changing age category. By changing dance class the points are reset to zero and collected from the beginning. A competitor needs 250 points to obtain a higher dance class.

ATTENTION: In the E-League you can only compete once. After the first start, one is automatically promoted to the D league.

**PRELIMINARY BREAKDOWN OF CATEGORIES BY DAY\***  
**(\*MAY CHANGE)**

| <b>SATURDAY</b>                                                                                                                                                                                              | <b>SUNDAY</b>                                                                                |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------|
| JAZZ DANCE<br>JAZZ DANCE BATTLES<br>MODERN & CONTEMPORARY<br>DANCE ART GRUPY I FORMACJE<br>PA IMPRO<br>PA IMPRO CARNIVAL<br>STREET DANCE SHOW<br>TANIEC NOWOCZESNY GRUPY I FORMACJE<br>DISCO SHOW<br>HIP HOP | DISCO DANCE<br>DISCO DANCE ALL BLACK<br>DISCO DANCE BATTLES<br>DISCO FREESTYLE<br>DISCO SLOW |

**CONCLUDING REMARKS**

- Dance floor dimensions: for solos, duos, groups min. 8m x 8m, formations min. 12m x 14m.
- The organiser DOES NOT PROVIDE safety pins for starting numbers!
- The organiser does not supervise or insure the participants. The responsibility for care and insurance rests with the delegating institutions.
- A club, dancer has the right to withdraw from the competition at any stage. Withdrawal from the Tournament will not result in a refund of the entry fee.
- During the Tournament the following will be available: medical point
- The changing rooms are open - they are not locked or supervised, the organiser is not liable for any items left in them the organiser shall not be liable for any items left in them.
- Competitors' insurance will be taken out by the delegating institutions, which declare that they have such insurance for the competitors. The organiser does not supervise the participants of the Tournament.
- All dancers are obliged to wear sports shoes (or dance without shoes) - 'stiletto' and other footwear which may damage - scratch the floor are not allowed.
- The organiser reserves the right to combine categories.
- Written permission from the organiser must be obtained for any form of advertising.
- During the Tournament, participants are obliged to strictly observe occupational health and safety and fire regulations in force at Wilanów Sports Centre.
- Participation in the Tournament is tantamount to expressing one's unconditional and permanent consent to video and television recording of all presentations.
- Protests in written form only will be accepted up to 15 minutes after the end of a given competition and shall be considered by the Chief Judge and the Organiser upon payment of a deposit of PLN 200. If the protest is not upheld, the deposit will not be refunded and will be forfeited to the Organiser.
- Detection of any age discrepancies between competitors will result in disqualification of the entire club and making such information public.
- The organiser reserves the right to combine age levels in the event of a small number of entries or to divide age groups into individual years in the event of a large number of entries!
- The organiser reserves the right to cancel categories with 1 entry.